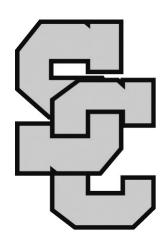
Student and Parent Athletic Handbook 2023-2024



Please log on to the following website for updated athletic schedules and directions for <u>all</u> sports at the middle school as well as the high school.

www.solonschools.org/athletics

ATHLETIC ACTIVITIES

Solon City Schools offers a comprehensive variety of athletic activities for prospective student participants. The following is a list of interscholastic sports presently available at Solon City Schools:

BOYS' ATHLETICS

FALL:

Cross Country*
Football*
Golf
Soccer*

WINTER:

Basketball*
Bowling
Ice Hockey
Swimming/Diving*

Wrestling*

SPRING:

Baseball*
Lacrosse*
Tennis*
Track*

GIRLS' ATHLETICS

FALL:

Cross Country*

Golf Soccer* Tennis* Volleyball*

WINTER:

Basketball*
Bowling
Gymnastics
Swimming/Diving*

SPRING:

Lacrosse*
Softball*
Track*

SOLON COMET ATHLETIC ADMINISTRATION

Superintendent Fred E. Bolden, II

Principal/HS Erin A. Short

Principal/MSAntoine Campbell

Athletic Secretary

Joy Cardinale

Athletic DirectorJim McQuaide

Athletic Staff
JD Dunn
Dustin Lyons

Faculty Manager/MS

Sue Bubonics Tim Cain

^{*} Denotes Middle School Program

AFFILIATIONS

Solon City Schools is a member in good standing of the Ohio High School Athletic Association, Greater Cleveland Conference and Suburban League. All athletic department administrative procedures comply with the provisions and constitutions of these three organizations.

ATTENDANCE REQUIREMENTS FOR STUDENT PARTICIPANTS

The participant must be present if arriving late for at least 3 full class periods on the day of the practice or contest to be eligible to participate in any team activity. This includes virtual learning attendance. If a participant is leaving early or has early dismissal, they must be present for at least 3 periods of the day. Medical appointments, funerals, or other emergencies may be excused, if approved by the coach and athletic director. If a participant is absent Friday or the day before a school vacation, he/she may participate in a weekend or vacation-day contest with parental permission.

CANCELLATION OF ATHLETIC CONTESTS DUE TO WEATHER

If the Solon Schools are closed due to inclement weather conditions, all athletic contests may or may not be held depending on the Superintendent's decision. Sports schedule information can be obtained by contacting the Athletic Office, 440-349-6244, or the Solon Schools website at www.solonschools.org/athletics.

EQUIPMENT POLICY

The participant must return school equipment in the condition it was received, within three (3) school days of the last contest. Participants must reimburse the Solon Board of Education the replacement cost of lost or damaged equipment prior to receiving any athletic awards. A participant must fulfill obligations from previous season before he/she will be permitted to begin participation in any other athletic activities.

IN SEASON/OUT SEASON

The athletic season shall be defined as beginning with the dates established by the OHSAA and ending with the final formal contest or activity scheduled for each sport. All policies also apply to any virtual learning.

EMERGENCY MEDICAL FORM/PHYSICAL EXAM FORMS/ CONCUSSON INFORMATION SHEET - FinalForms

All Solon students wishing to participate in interscholastic athletics must have completed emergency medical authorization, physical examination forms, concussion information sheet and sudden cardiac arrest on FinalForms prior to the first day of participation.

The Solon Schools Athletic Department has partnered with FinalForms, an online application, that will enable parents and students to sign-up for your sport and complete and file the necessary athletic forms electronically. FinalForms is available for all Solon student athletes in grades 7-12. You MUST log on and register with FinalForms to sign up for a sport and tryout. FinalForms is available for all parents and athletes online. Instructions and registration information are on the Solon Schools Athletic webpage.

GUIDELINE FOR TEAM SELECTIONS

The entire coaching staff will participate in the evaluation of each student participant in a given sport in a fair and equitable manner. The head coach will be responsible for making the final decision with respect to the varsity squad of his/her sport. At the middle school, the grade level coach will select his/her squad.

Tryouts will be at least five days or five practices, whichever comes first, before cuts are made to ensure adequate time to evaluate candidates.

A student completing a fall and winter sports season will also be guaranteed a tryout of at least five days or five practices, whichever comes first, to demonstrate ability and skill before final cuts are made (fall sport to winter sport; winter sport to spring sport). Every attempt will be made to give each student the same amount of time to demonstrate skills.

LETTER AWARD POLICY FOR ATHLETES

Each sport has a specific criterion for earning a varsity letter in their respective activity. These criteria will be explained by the coach at the pre-season meeting. The participant must finish the season in good standing to receive any award.

The High School Award System is as follows:

Freshman & Junior Varsity Certificate

First Year Varsity Letter with Insert

Second Year Varsity Plaque Third Year Varsity Plaque

Fourth Year Varsity Picture Plaque

There is a Scholar Athlete Award for a G.P.A. of 3.50 or better in the grading period of your particular sport. A Medallion goes to the varsity letter winner with the highest G.P.A. in his/her respective sport during that grading period. The Medallion is a one-time award, you can only receive it once in your 4 years at Solon High School.

Fall Sports First Grading Period
Winter Sports Second Grading Period
Spring Sports Third Grading Period

MEDICAL RELEASE

Any student who is seen by a physician or any medical personnel for an injury or illness must have a note from the medical professional to be released to resume participation.

SOLON ATHLETIC BOOSTERS

The Solon Athletic Booster Club is a volunteer organization which raises money to support the athletic programs by subsidizing the purchases of uniforms and equipment, etc. Parents are urged to show their support by joining the organization and encouraged to volunteer their time where and when help is needed.

SPORTSMANSHIP

Solon places the highest priority on good sportsmanship and integrity. As a parent and student participant, you play a fundamental role. We ask you to take your responsibility seriously and lead by example.

Please attend our athletic contests with spirit and enthusiasm, but also with courtesy to our officials, opponent and their fans.

Together, we hope to establish a positive image of Solon High School

SUSPENSION - IN/OUT OF SCHOOL

Any student who is suspended from school is not eligible to participate in a practice or a contest during their suspension. This applies to in-school and out- of-school suspensions.

TICKET INFORMATION

Student Pre-Sale - Football Only	-	\$5.00
Adult Pre-Sale - Football Only	-	\$8.00
All Football Tickets at Gate	-	\$10.00
Student Sports Pass (SHS/SMS All Sports Pass)	-	\$40.00
Adult Sports Pass (SHS/SMS All Sports Pass)	-	\$100.00
Reserved Seat (4 games @ \$10.00)	-	\$40.00
(Football Only)		
SMS ONLY Adult Sports Pass	-	\$40.00
SMS ONLY Student Sports Pass	-	\$20.00

There is no admission charge for spring sports except lacrosse and tournament games.

TRAVEL

Solon High School participants are required to travel to and from contests on vehicles provided by the Board of Education.

Special provisions and parental requests must be accompanied by a completed Transportation Release Form and turned into the head coach prior to the athletic contest.

Transportation release form can be obtained online at www.solonschools.org/ athletics under athletic documents or in the Athletic Office during the regular school day.

GREATER CLEVELAND CONFERENCE

Solon High School will be participating only in Varsity, JV and Freshman Football. Admission prices set by the GCC for those contests are: Varsity: Adults - \$8.00, Students - \$5.00 JV: \$5.00 – everyone, Freshman: \$5.00 – everyone.

SUBURBAN LEAGUE CONFERENCE

No admission shall be charged for contests in the following: baseball, cross country, golf, softball, tennis and track except Solon Track Meet Invitational and Suburban League Tournaments. The cost of admission at the stadium is \$8.00 adult/\$4.00 student and will be good for both JV and varsity lacrosse and soccer games.

Suburban League's policy - \$4.00 for adults and \$2.00 for students for the following events provided the facility is conducive to charging admission: freshman football, JV football, freshman volleyball, freshman boys' and girls' basketball. If there is a tripleheader in boys' or girls' basketball or volleyball, prices change at halftime of the freshman basketball game and after the first game in volleyball. The cost will be \$8.00 for adults and \$4.00 for students and will admit you to the remainder of the freshman game and the varsity and JV games.

Middle School policy - \$4.00 for adults and \$2.00 for students for the following events provided the facility is conducive to charging admission: middle school football, soccer, volleyball, basketball and wrestling.

Senior citizens over 62 are admitted free with proper identification. (Golden Buckeye or drivers' license.)

A pre-sale of student tickets will be held for home and away varsity football and any other event that may be a potential sellout. If there is a potential for a sellout or a large crowd during football, wrestling or basketball, the home team may provide adult and student tickets for pre-sale.

RETURNED CHECK FEE

In the event a check, received for the payment of any amount owed to the Solon City Schools, is returned by the maker's bank due to non-sufficient funds (NSF), stop payment or an account being closed, a processing fee of \$20.00 will be assessed. In the event a second check is returned for the same maker, that person's check writing privileges will be suspended for the balance of the school year and all further transactions will require a payment in cash or certified check.

ATHLETIC CODE OF CONDUCT

PHILOSOPHY

The Solon Board of Education, school administration, and coaches believe that interscholastic athletics are an integral part of the total educational program. High standards of behavior, scholarship, and citizenship are important to a sound athletic program. Students volunteering to participate must assume the responsibilities of this privilege and are required to meet expectations beyond those set for non-participants.

Solon City Schools believe that:

- physical and emotional growth of student participants is the most important goal of participation.
- academic achievement is a prerequisite to participation.
- additional time and energy committed to participation requires that participants attain and maintain peak physical and mental condition.
- substance abuse is a significant health problem for adolescents and also affects the development of skills which are necessary for participation.
- interscholastic athletics can make the educational experience richer and more rewarding and therefore all students are encouraged to participate.
- adherence to certain behavior and academic standards enhances a student-participant's quality of life.

SCOPE OF THE CODE OF CONDUCT

The provisions outlined in this policy shall be in effect twenty-four hours a day, seven days a week, for the duration of the season. This includes sports which commence before the beginning of the school year or extend beyond the end of the school year. Use of drugs authorized by a physician or wine consumed as part of a religious or family ceremonial occasion shall not be considered in violation of this policy.

ATHLETIC DEPARTMENT COMMITMENT

The Solon Athletic Department and coaches will proactively attempt to enhance the physical and emotional growth of each Solon High School and Middle School student-participant.

Solon High School and Middle School Coaches/Athletic Department will:

- a. host a meeting at the beginning of each year for all parents of high school and middle school participants to discuss the current Athletic Code of Conduct. Parents and participants must sign the Athletic Code of Conduct contract before the participant can participate in any athletic activity.
- b. provide opportunities for high school and middle school participants to be positive role models for Solon intermediate and elementary students.
- c. distribute written expectations or list in final forms, specific to their sport, during or prior to the first week of the season.
- d. discuss the current Athletic Code of Conduct with their team during or prior to the first week of the season.
- e. enforce the Athletic Code of Conduct and the expectations specific to their sport.
- f. consistently emphasize the importance of the high standards set for all participants.

EXPECTATIONS AND CONSEQUENCES

A participant represents not only himself/herself but also the Solon City Schools and Solon community. Since participation is a privilege, it is important that students and parents/guardians be aware of the rules and expectations. A violation of District Policies, the Solon High and Middle School and/or Athletic Codes of Conduct may result in the denial of the privilege to participate in a sport. Please refer to the Solon High and Middle School Codes of Conduct for specifics on students' rights, responsibilities, and discipline. Board Policies are available at https://go.boarddocs.com/oh/solo/Board.nsf/Public.

5610.05 - PROHIBITION FROM EXTRA-CURRICULAR ACTIVITIES

Participation in extra-curricular activities, including interscholastic sports, is a privilege and not a right. Therefore, the Board of Education authorizes the Superintendent, principals, and assistant principals and other authorized personnel employed by the District to supervise or coach a student activity program, to prohibit a student from participating in any particular or all extra-curricular activities of the District for offenses or violations of the Student Code of Conduct/Student Discipline Code for a period not to exceed the remainder of the school year in which the offense or violation of the Student Code of Conduct/Student Discipline Code took place.

In addition, student athletes are further subject to the Athletic Code of Conduct and may be prohibited from participating in all or part of any interscholastic sport for violations therein.

Students prohibited from participation in all or part of any extra-curricular activity are not entitled to further notice, hearing, or appeal rights.

This policy shall be posted in a central location in each school building and will be available to students upon request.

During any denial of participation period, the participant may be expected to practice and sit on the team bench dressed in appropriate street clothes during contests. All training rules and requirements of the sport will continue to be followed.

The athletic director will maintain records of violations, penalty assessments, and other pertinent information for the participant's two years of middle school and four years of high school participation.

TOBACCO/SMOKING/VAPING

Students shall not possess, use, transmit, conceal or roll cigarettes or tobacco products including smokeless tobacco products, vaporizers, e-cigarette products or alternative nicotine products.

Students shall not possess, use, transmit, conceal or sell any electronic smoking products or devices including, but not limited to: vaporizers, chargers, Juuls, vape pens, vape mods, e-cigarettes, dab pens, e-liquids, e-juice, etc.

Please Note: E-cigarettes, vaping, JUULing, or the use of other similar devices that are used to inhale or ingest foreign substances, will initially be treated as a drug offense. Within twenty-four (24) hours of the violation, the student may complete an approved drug screen with an approved testing facility. Test results must be sent directly to the school administrator from the testing facility. Upon receipt/review of the results, if administration is able to clearly establish that no illegal substance (other than nicotine) has been discovered, the administrator may reduce the violation to a vaping offense

First Offense

1. A participant found in violation will be denied participation for 33% of the contests (season or tournament), based on the number of regular season scheduled events. If the participant agrees to participate in a tobacco education program, the penalty will be reduced to 15% of the contests. Refusal or failure to complete the tobacco education program will result in the full 33% denial of participation.

Second or more Offense

- 1. A participant found in violation will be denied participation for 50% of the contests (season or tournament), based on the number of regular season scheduled events. If the participant agrees to participate in a tobacco education program, the penalty will be reduced to 25% of the contests. Refusal or failure to complete the tobacco education program will results in the full 50% denial of participation.
- 2. If the second violation occurs with the same school year, the participant will be denied participation for 100% of the contests (season or tournament), based on the number of regular season scheduled events. If the participant agrees to participate in the tobacco education program, the penalty will be reduced to 50% of the contests. Refusal or failure to complete the tobacco education program will result in the full 100% denial of participation.

Self-Referral

If a participant seeks assistance from the coach, the athletic director, or school administrator for dealing with a tobacco problem and the participant agrees to participate in a tobacco education program, there will be no denial of participation from contests. Refusal or failure to complete the assessment will result in the denial of participation. Self-referral must be established by school records prior to an arrest or notification of school administration, coach or athletic director.

NARCOTICS, ALCOHOLIC BEVERAGES, STIMULANT DRUGS, ANABOLIC STEROIDS: SELLING, SUPPLYING OR TRANSMITTING

During school and immediately before or after school hours, summer school, travel on any school-provided transportation or any school-sponsored activity held on or off school property, students shall not possess, buy, offer to sell, sell, use, supply, transmit, or apply any anabolic steroids or mood-altering chemical of any kind, including alcohol.

First or more Drug or Alcohol Sale or Distribution Offense

- 1. A participant found in violation will be denied participation from the date of violation until the end of the current school year.
- 2. Halfway through the denial of athletic participation, the participant may petition the Athletic Director to amend the denial of participation. The participant will present evidence of a successful effort to correct his/her problem. The Athletic Director will make a recommendation to the building principal. The building principal will make the final decision.

NARCOTICS, ALCOHOLIC BEVERAGES, STIMULANT DRUGS, ANABOLIC STEROIDS: POSSESSION, PURCHASE, USE, APPLICATION OR BEING UNDER THE INFLUENCE

Participants shall not possess and/or use any controlled or counterfeit substance, including but not limited to narcotics, hallucinogens, alcohol, steroids, paraphernalia, or marijuana.

"Possession" includes, without limitation, retention on the student person or in purses, wallets, lockers, desks, or automobiles parked on the school property.

First Drug or Alcohol Offense

1. A participant found in violation will be denied participation for 50% of the contests (season or tournament), based on the number of regular season scheduled events. If the participant agrees to go through a drug/alcohol assessment the penalty will be reduced to 25% of the contests. Refusal or failure to complete the assessment will result in the full 50% denial of participation.

Second or More Drug or Alcohol Offense

1. A participant found in violation the second or more time in a career, will be denied participation in 100% of contests (season or tournament), based on the number of regular season scheduled events. If the participant agrees to go through a drug/alcohol assessment the penalty will be reduced to 50% of the contests. Refusal or failure to complete the assessment will result in the full 100% denial of participation.

If a participant seeks assistance from the coach, the athletic director, or school administrator for dealing with a drug/alcohol problem and the participant agrees to complete a drug/alcohol assessment and follow the recommendations, there will be no denial of participation from contests. Assistance from the use of anabolic steroids would be denied participation until medical clearance is provided by the student that all traces of the steroids are removed from their system. Refusal or failure to complete the assessment will result in the denial of participation. Self-referral must be established by school records prior to an arrest or notification of school administration, coach or athletic director.

REASONABLE CONDUCT

The Solon Athletic Department recognizes that the safety and welfare of individual participants and teams are a priority. Therefore, participants will not engage in any acts of criminal activity such as, but not limited to vandalism, assault, bullying, harassment, inappropriate social media, battery, hazing, theft, or other disruptive conduct. Any student who is convicted of a felony is ineligible to participate in the Solon City Schools interscholastic athletic program.

Participants are also expected to behave appropriately during school and extra- curricular activities. Detrimental actions include, but are not limited to insubordination, repeated absenteeism, fighting, sexual misconduct, negative/apathetic attitude, unsportsmanlike conduct, lying, and inappropriate language or gestures.

Any violation of our reasonable conduct policy could result in suspension and/or dismissal from the team. Recognizing the varying degrees of severity, the type of misconduct, and a participant's previous record of conduct, each situation will be considered individually. The coach and/or athletic director, will determine appropriate consequences, which may include denial of participation or dismissal from the team.

DEFINITIONS

Participant Any student participating in a sport as a contestant, manager, or cheerleader.

Drug/Alcohol Assessment A program approved by the school administration because of its history of tangible

results. Completion of the drug/alcohol assessment includes follow through with the recommendations of the assessor. All costs are the responsibility of the

participant and his/her family.

Improvement Plan Any set of expectations designed to assist a participant. All costs are the responsibility of

the participant and his/her family.

OHSAA Ohio High School Athletic Association whose purpose is to regulate, supervise,

and administer interscholastic competition among its member schools.

Penalty Carry Over Consequences may be carried over into another sport season or school year.

Self-Referral Seeking help before a violation is detected.

Sport Season The season begins with the first day of practice as sanctioned by the OHSAA and

terminates when that participant is no longer eligible for OHSAA tournament

competition.

PARTICIPANT ELIGIBILITY

The participant must meet all standards set by the Ohio High School Athletic Association By-Laws regarding academics, age, amateur status, enrollment and attendance, recruiting, residence, and transfers. Copies of the OHSSA By-Laws are located on the Internet at www.ohsaa.org/eligibility or on the Solon Schools athletic department webpage at www.solonschools.org.

Academic Eligibility. In order to be eligible in grades 9-12, a student must be currently enrolled in school the immediately preceding grading period. During the preceding grading period, the student must have received passing grades in a minimum of five one-credit courses or the equivalent which count toward graduation, unless adjusted to unique circumstances by the OHSAA.

The eligibility or ineligibility of a student continues until the start of the fifth (5th) school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. Exception: Eligibility or ineligibility for the first grading period commences with the start of the fall sports season.

A student enrolled in the first grading period after advancement from eighth grade must have passed a minimum of four subjects carried the preceding grading period in which the student was enrolled, unless adjusted to unique circumstances by the OHSAA.

A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of four subjects in which the student received grades, unless adjusted to unique circumstances by the OHSAA.

If a student transfers (changes) high schools at any time after establishing eligibility as a ninth grader either by attending a school for five days or by playing in a contest (scrimmage, preview or regular season/tournament contest) until the one-year anniversary of the date of enrollment in the school to which the student transferred the student shall be ELIGIBLE the first fifty percent (50%) of the maximum allowable regular season contests in those sports in which the student participated during the twelve (12) months immediately preceding this transfer.

Thereafter, the student shall be INELIGIBLE for the remainder of the regular season and the OHSSA tournaments in that sport(s). Understanding that basic rule is fundamental to dealing with transfer students. There are exceptions to this regulation, so please arrange a meeting with your principal or athletic administrator to review these exceptions.

Summer school grades earned may not be used to substitute for failing grades or lack of courses taken from the last grading period of the regular school year.

Tutoring or examinations to complete the preceding grading period requirements is permissible provided the inability to complete the required work on time is due to illness or accident verified by a physician and the procedure applies to all students in school.

DISTRICT ELIGIBILITY REQUIREMENTS

The Board permits students in grades 7 through 12 to participate in interscholastic extracurricular activities if they receive a failing grade in the previous grading period. The student will be excluded from participating in the activity if they have less than a 1.0 grade point average on a 4.0 grading scale, unless adjusted to unique circumstances by the OHSAA.

A student enrolling in the seventh grade for the first time is eligible for the first grading period regardless of previous academic achievement.

The definition of interscholastic extracurricular activities is defined as a school sponsored student activity involving more than one school or school district.

Failure to comply with the grading period eligibility requirements results in extracurricular interscholastic ineligibility for the succeeding grading period. A student with an IEP may be exempt from the district grading provisions (but not OHSAA provisions) set forth in this policy.

ELIGIBILITY MINIMUM STANDARDS FOR PARTICIPATION

- 1. Student participants shall fulfill all requirements as set forth by the Ohio High School Athletic Association, including the requirement to pass a minimum of five credits, toward graduation, in the preceding grading period. Middle school students must pass a minimum of four subjects in the preceding grading period. High and middle school students below a 2.0 GPA or failing a class must attend a study table.
- 2. In addition, the student shall earn a grade point average of 1.0 or higher for the grading period that precedes and/or includes the season of eligibility. Failure to earn a 1.0 GPA will cause the student to become ineligible for the next grading period.
- 3. A student earning two non-passing grades will be ineligible for participation for the entire following grading period, unless adjusted to unique circumstances by the OHSAA.
- 4. A student earning a non-passing grade and/or a grade point average between 1.0 and 1.99 shall remain eligible so long as the ninth through twelfth grade student attends two study tables per week and the seventh and eighth grade student attends one study table per week. The purpose of the study table is to provide for an academic learning environment and tutoring for homework assignments, school related reading and/or project completion.
 - The study tables will be made available to all students in grades 7-12.
 - Study tables will be held before school for 50 minutes a minimum of four weekdays per week at Solon High School. Study tables will be held after school at Solon Middle School for a minimum of 50 minutes a minimum of four weekdays per week.
 - A student who does not participate in the required number of study tables or is dismissed from a study table for disciplinary reasons or lack of effort will immediately become ineligible for a minimum period of one week.
 - The study table will be supervised by an adult employee (teacher/coach) of the school district.

OHSAA - STUDENT ELIGIBILITY

A Message to Student-Athletes

Participating in your school's interscholastic athletics program will provide some of your most memorable and enjoyable moments ever. Your state association, the Ohio High School Athletic Association, has standards that must be met in order to be eligible to compete.

The essential eligibility requirements below are only a summary of some of the regulations affecting student eligibility. Most requirements are published in the *OHSAA Handbook*, which can be found in the offices of your principal and athletic administrator and is posted on the OHSAA website www.ohsaa. org. Your school district also has the authority to establish additional academic standards and codes of students or athletic conduct.

Any questions you have concerning the OHSAA standards or your athletic eligibility should be reviewed with your school principal or athletic administrator. You should also meet with these administrators **EVERY TIME** before you change your course schedule or drop a course. Should you transfer schools, you must follow up with your previous school and your new school to ensure that all proper forms have been submitted to the OHSAA.

The eligibility standards of the OHSAA have been adopted by the member schools and were accepted by your school when it became an OHSAA member.

You are urged, as a student-athlete, to study these standards carefully since you are responsible for compliance with these standards.

Best wishes as you learn the valuable lessons that come with your participation in interscholastic athletics!

For a complete listing of the 2023-2024 Student-Athlete Eligibility Guide published by the Ohio High School Athletic Association (OHSAA) please login on to: www.ohsaa.org/eligibility or on the Solon Schools athletic department webpage at www.solonschools.org.